

2015-2016

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- ✓ *NEW!! Pre-Toddler for ages 2-4*
- ✓ *9 Month Pre-Hip Hop*
- ✓ *9 Month Program*
- ✓ *Dances for Classroom and Stage*
- ✓ *Warm Ups*
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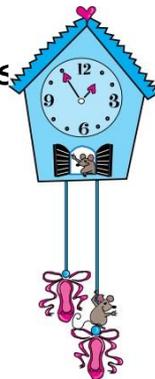
Our prices changed a little bit same! You will still get personalized programs for your classes. Classroom warm-ups, dances, stories to dance, themed recitals, seasonal dances that are easy to learn so the dancers can do them in the month that they are presented, and coloring pages to be printed out by you forever!



- All our CDs that were \$19.99 are now \$22.98, instant download from my website for \$17.75.
- All our coloring books have stayed the same price. \$9.99 on CD, \$5.99 instant download from my website.

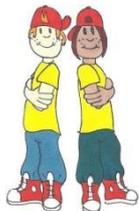


- All our 9 Month Programs coloring pages, and teacher's CD, instant download for dances are designed to help faster because the music music this way makes it easier to remember.



(with a different lesson each month, manual) were \$99.99 now \$115.00 on \$76.75 from my website. These your students learn the dance sounds like the steps. Making the easier to learn, easier to teach and Just easier!!

- Our Ballet Barre and Centre 9 Month Programs and music have stayed the same price. No increase. \$99.75 for the teachers manual and CD of the music, \$76.75 instant download from my website.



We always have free mailing inside the U.S. for CDs and books! As always, call or email me with any questions at (888) 432-6236, [deannallow@aol.com](mailto:deannallow@aol.com).



# NEW!! 2015-2016's Great New Program for Pre-Toddlers Ages 2-4 Buy the Entire 9 Month Program or Select Warm-ups, Classroom Dances, or Stories to Dance

## Nine Month Pre-Toddler Creative Movement ages 2-4

This program contains everything you need to have a great Pre-Toddler Program for ages 2-4. It is in 9 month form. You get the teacher's manual, music for each month's lesson (warm up, dances, and a story to dance ) for a half hour class, (with notes), plus a 38 page coloring book with coloring pages that go with the dances, warm ups and stories and which page to print each week so the picture goes with what they did in class. Included are 9 different dances, 4 different warm ups, 4 different stories to dance, and 9 monthly letters to the parents telling the parents what the dancers are doing in class and what is new that month. You can personalize these letters and make any changes you want. There are also suggestions for floor work for Follow Me, and Can you do This. This floor work will help these toddlers with their coordination and practice on how to follow directions. **\$115.00 for CDs in the mail, \$76.75 for instant download of the entire program.**

Pre-Toddler Vol. 1 Four Warm ups with teacher notes. A great way to start class that warms up the dancers plus teaches these little ones body parts and how to follow directions. 1. Where is It? (2:45) 2. No Talking in Dancing School (3:01) 3. Simon says Freeze (2:25) 4. Hello Dancing Teacher (2:14) **\$22.98 for CD \$17.75 for instant download.**



Pre-Toddler Vol. 2. Nine Dances for classroom and stage with teacher notes. These dances can be used in class and also for shows. They teach the little ones how to follow guided dances and to feel confident that they know the dance. 1. Let's Take Turns (2:48) 2. Little Dancing Pumpkins (3:11) 3. Let Me See You Try (2:30) 4. I Wiggle My Fingers (2:44) 5. Snowflake Dance (2:30) 6. Pucker Up Your Lips (3:14) 7. Peek-s-Boo (2:59) 8. Jumping Bean Bag (2:37) 9. Good Bye Dancing Teacher (1:32). **\$22.98 for CD \$17.75 for instant download.**



Pre-Toddler Vol. 3. Four Stories to Dance with teacher notes. Explore these easy to follow and understand stories. Just perfect for toddlers with limited vocabulary. 1. It's Really Cold Out There (2:59) 2. Winter Play (4:37) 3. Norah's Egg Farm (4:50) 4. Counting and Dancing (includes the ABC song) (4:26). **\$22.98 for CD \$17.75 for instant download.**

Pre-Toddler Coloring Book contains 38 different pages to color to help your dancers remember steps and moves that they learned in the Pre-Toddler Class. **\$9.99 for CD \$5.99 for instant download.**

Our Nine Month Toddler Program follows this program and is for older twos through age four. You can also buy the individual CDs separately.

## CREATIVE MOVEMENT CDs Pre-Toddler and Toddler

### Toddler Vol. 1 'Tickle Me' \$22.98

1. Alligator Alligator 1:48, 2. My Bean Bag Dance (Prop) 1:44, 3. Magic String (Prop) 2:24, 4. Baby Rattle Boogie (Prop) 2:05, 5. Make A Cake (Prop) 1:35, 6. Tickle Me (Prop) 2:50, 7. Your Fingers 2:03, 8. Balloon Bop (Prop) 3:20



### Toddler Vol. 2 'Seasonal Dances' \$22.98

1. Rain Rain Go Away 1:33, 2. The Man In The Moon 1:40, 3. Mr. Thunder 1:30, 4. Star Light Star Bright (Prop) 2:20, 5. Christmas Teddy Bear (Prop) 1:56, 6. Valentine Candy 1:32, 7. Ice Skating 1:45, 8. Snow 2:22

- ### Toddler Vol. 3 'At The Zoo' \$22.98
1. A Walk In My Neighborhood 2:09, 2. Go to Bed 1:30, 3. Falling Leaves (Prop) 1:54, 4. Animals at the Zoo 1:54, 5. Big Brown Bear 1:42, 6. Cheer Leader (Prop) 1:56, 7. Bubbles (Prop) 2:48, 8. Little Clouds 3:01



- ### Toddler Vol. 4 'Pom Poms' \$22.98
1. Start the Show! 1:57, 2. Opposites 1:55, 3. Sharing (prop) 2:45, 4. Whisper 1:59, 5. Peek a Boo 1:27, 6. Pom Poms (Prop) 1:18, 7. Blast Off! 1:34, 8. End the Show! :54

### Toddler Vol. 5 'I'm A Turkey' \$22.98

1. I'm A Turkey 2:38, 2. Weather 2:41, 3. Indian Ribbons (Prop) 2:57, 4. TWO 2:12, 5. The Freeze 1:56, 6. Holiday Ribbons 2:20

### Toddler Vol. 6 'Be a Teddy Bear' \$22.98

- Classroom and stage dances for ages two through six. Dances with \* have vocal instruction on one band and one band without.
1. Be a Teddy Bear 3:00, 2. I'm Two 2:19, 3. I'm Three 2:36, 4. I'm Four 2:14, 5. I'm Five 2:06, 6. Play in the Band 2:18, 7. My Shadow 2:33, 8. Gimme, Putme, Letme, Takeme, Buyme 2:36



## CREATIVE MOVEMENT CDs AGES 4-7

Dances with \* have vocal instruction on one band and without vocal instruction on one band.



- ### Vol 1 Stories To Dance \$22.98
1. Hello\* 1:12, 2. Toy Store 7:13, 3. Deep Sea Diving 3:01, 4. Motorcycle 4:02, 5. Good-bye\*



- ### Vol. 2 Imagine You Are \$22.98
- Use your imagination while you act out the occupations, movements and steps heard in these songs.
1. Hello\* 1:12, 2. Imagine You Are #1 1:28, 3. Imagine You Are #2 1:09, 4. Can You Do It? 2:08, 5. Be What You Want To Be 2:42, 6. Take A Walk I 1:55, 7.

- Take A Walk II 1:59, 8. Take A Walk III 2:00, 9. I Am A Magician 3:16, 10. Good-bye\* 1:03

### Vol 3 Feel The Music \$22.98

A way to help dancers learn to really listen to the music. Different sounds of music/actions are played with the actions that go with them, then the musical selections are played back randomly to see if the dancers can recognize the music. Makes them aware of the music!!

1. Hello\* 1:12, 2. Feel The Music I 3:12, 3. Feel The Music II 3:10, 4. Feel the Music III 3:10, 5. Orchestra 4:22, 6. Good-bye\* 1:03



- ### Vol 4 Nanny Nanny Boo Boo \$22.98
- Class room fun with props! And one of our 'start the class' warm ups. Everyone's favorite 'Wedding' with a bouquet prop!
1. Hello\* 1:12, 2. Train (Warm up) 4:58, 3. Nanny Nanny Boo Boo 2:35, 4. Teddy Bear\* :45, 5. Wedding 1:31, 6. Hula\* 1:43, 7. Good-bye

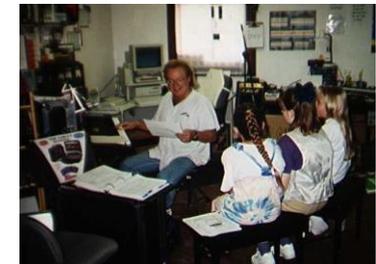
- ### Vol 5 Dancing the Circus \$29.99
- A full show! Dance all the fun acts at the circus.
1. Welcome To The Circus\* 2:02, 2. Here Come The Clowns\* 2:28, 3. Elephants\* 1:05, 4. Little Lions\* 1:30, 5. Balloons\* 1:48, 6. Little Doggie\* 1:54, 7. Tigers\* 1:36, 8. Cotton Candy\* 1:28, 9. Closing To The Circus\* 0:50



- ### Vol 6 Dancing The Calendar \$22.98
- Have fun and dance your way through the holidays and seasons.
1. Butterfly (Warm up) 5:25, 2. Bool\* 1:51, 3. Pilgrims\* 0:54, 4. Dancing Snowflake\* 1:34, 5. Happy New Year\* 1:40, 6. Snow Angel 1:07, 7. Little Valentine Kids\* 1:02, 8. Leprechauns\* 2:16, 9. Dancing Bunny\* 1:37



**Lots of music sung by children!**



# Pre-Tap

## Pre-Tap Vol 1 Five Warm-ups and Five Dances



**\$29.99** Perfect for 3 year olds.

These are the same wonderful Animal warm ups and dances that are in our Nine Month Pre-Tap Program: All Warm ups start in a circle and finish going to places for the corresponding dance. The dances have one track with vocal instructional and one without for performances.

1. Warm up Puddley Duddley Puddley Duck 4:39,
2. Warm up Cute Little Tapping Mouse 4:10,
3. Warm up Tricksie the Kitty 3:44,
4. Warm up Monkey See Monkey Do 4:10,
5. Warm up Little Tapping Chick 3:12,
6. Puddley Duddley Puddley Duck 2:13,
7. Cute Little Tapping Mouse 2:14
8. Tricksie the Kitty 2:29,
9. Monkey See Monkey Do 3:15,
10. Little Tappy Chick 2:47.

## Pre-Tap Vol 2 Eight Dances for Classroom and Stages \$22.98

These 8 dances are for classroom excitement for the three year old beginning tap dancer. Use them to round out your class when you are using the warm ups and dances in Tap Vol. 5 above.

1. Copy Cat 3:24,
2. I Know Tap 2:40,
3. Anything Can Happen 4:20,
4. Let Your Feet Dance 2:47,
5. Fairy Dust 4:19,
6. Tap One, Tap Two 3:26,
7. Tapping Feet 3:17,
8. Tapping Point of View 2:07.



# Tap

**Tap 1 Warm up (2 CDs) \$22.98** Two CDs that contain 32 tracks with vocal instruction and the second CD with the same 32 tracks without vocal instruction. Starts with the very first lesson for tap for ages 3-5 with technique that they need to know to do the "Tap Volume 1 Dances for Classroom and Stage". Buy the Tap 1 Warmup (2 CDs) AND the Tap Volume 1 Dances for Classroom and Stage - all 3 for \$40.99

**Tap Volume 1 Dances \$23.99** These 12 dances are the best for perfecting beginning tap technique. They coincide with the Tap 1 Warm-up CD. You use the warmup CD and then your class does 4 of these dances each week. A perfect tap class. Delete one each month and add a new one and you will have material for the entire year. Get this for \$23.99 or this CD and the Tap 1 Warmup (2 CDs) for \$40.99. All dances have vocal

1. Rock and Roll Tap 2:11
2. Twist and Tap 2:15
3. Boogie Woogie Tap 2:13
4. Super Tap Dancing Kids 2:55
5. Dancing Teddy Bears 2:35
6. I Love to Dance in My Tap Shoes 2:33
7. My Tap Dream 2:22
8. Tapping Lady Bugs 2:24
9. Tapping Lightening Bugs 2:07
10. Tapping Lions 2:33
11. Tapping Lambs 2:24
12. Little Strut Routine 2:35

**Order the Tap 1 Warmup CDs (2) AND the Tap 1 Dances for Classroom and Stage - all 3 for \$40.99**

**Tap 2 Warm up (2 CDs) \$22.98** Two CDs that contain 46 tracks with vocal instruction and the second CD with the same 46 tracks without vocal instruction. Free teacher's notes. Starts with the first lesson for Tap 2, ages 5-7 with technique that they need to know to do the "Tap Volume 2 Dances for Classroom and Stage". Buy the Tap 2 Warmup (2 CDs) AND the Tap 2 Dances for Classroom and Stage all 3 for \$40.99

**Tap Volume 2 Dances \$23.99** These 12 dances are the best for perfecting Tap 2 technique. They coincide with the Tap Warm Up CD Beginner Level 2. You use the warm up CD and then your class does 4 of these dances each week. A perfect tap class. Delete one each month and add a new one and you will have material for the entire year. Get this for \$23.99 or this CD and the Tap 2 Warmup (2 CDs) for \$40.99. All dances have vocal instruction track and performance track.

1. Genie in a Bottle (2:19)
2. Bo Peep (2:50)
3. Bo Peep's Sheep (2:45)
4. Teddy Bear Tap Partner (2:40)
5. Jungle Beat (2:59)
6. Tap Dancing Barbie (2:21)
7. Break a Leg (2:53)
8. School House Rock & Roll (2:15)
9. Lil' Goody Two Shoes (2:22)
10. Musical Shoes (2:02)
11. Charleston (2:35)
12. Cat's Meow (2:46)

**Order the Tap 2 Warmup CDs (2) AND the Tap 2 Dances for Classroom and Stage - all 3 for \$40.99**



**Tap Vol 3 Dances for Classroom and Stage \$22.98** This CD has eight dances for the very first day of tap class all the way through about the second or third year. All Dances have 16 cts of introduction, lyrics, and three to four steps, music for a bow and 16 cts of exit music. All tracks come with vocal instructional and second performance track.

1. I'm a Hot Tamale (2:15),
2. Magic Wand (w/prop) (2:05)
3. Best of All (3:13),
4. Tap Echo (2:16),
5. Lip Gloss (w/prop) (2:26)
6. Zany Alphabet (2:58),
7. My Grand Ma is a Red Hatter (1:54)
8. Are We There Yet? 2:30

**Tap Vol 4 Stories to Tap \$22.98** This CD has four stories to tap. One for pre-tap ages 3, one for beginner ages 4-5, and two more for any age that already knows shuffle. These are the same kind of wonderful stories to TAP that you love so much in our Ballet Stories to Dance.

1. Going to the County Fair (4:23),
2. Tapland (5:23),
3. Magical Tapping Genie (5:52),
4. Tapping Candyland (4:17)



# Pre-Ballet CDs for Classroom and Stage

## Pre-Ballet Vol. 1 Warm-ups and Dances \$22.98

These 4 warm ups and 4 dances are for classroom work & for the stage. Use them to add to your curriculum. All warm ups start in a circle and finish with the dancers going to their places in line to do the dance that corresponds to the warm-up. All dances have one track with vocal instruction and one without for performances.

1. Warm-Up Pre-Ballet (5:10)
2. Warm-Up Dance (2:41)
3. Warm-Up Ballet Butterflies (5:27)
4. Ballet Butterfly Dance (2:57)
5. Warm-Up Make Believe (3:28)
6. Make Believe Dance (2:20)
7. Warm-Up Fairy (5:19)
8. Fairy Dance (2:19).



## Pre-Ballet Vol. 2 Dances for Classroom and Stage \$22.98

These 8 dances go with the warm-ups in Pre-Ballet Vol. 1. Use these to help round out the lessons.

Contains the same technique taught in the warm-ups.  
 1. I'm Three (2:36) 2. Angel Dance (2:56) 3. Ballet Powder Puff (prop) (2:42) 4. I'm a Beautiful Ballerina (2:51) 5. Just See How Smart I am (3:27) 6. Little Muffet (prop) (2:56) 7. Plie' Means to Bend Your Knee (1:54) 8. Simon Says Ballet (3:01).



## Pre-Ballet Vol. 3 Stories to Dance \$ \$22.98

These 4 'stories to dance' are wonderful classroom fun! The are the beginning of all our 'stories to dance' for these beginners all the way through ballet 2. Some contain ballet steps and some are just for fun on a rainy day or when you need that break to make everyone have a really great time in dance class.

1. Going to the Circus (2:24)
2. Going to the Park (3:06)
3. Miss Priss Goes on a Walk (3:09)
4. Once Upon a Time (4:56)



## Pre-Ballet Vol. 4 Warm-ups. \$22.98

These 4 warm ups take you all the way through the dance year. Starts with sitting on the floor and gradually moves to the barre in month one, to finally doing baby barre and center work by the end of the 9 month dance year.  
 1. Pre Ballet Warm up One (5:20) 2. Pre Ballet Warm up Two (7:12) 3. Pre Ballet Warm up Three (8:17) 4. Pre Ballet Warm up Four (9:14)



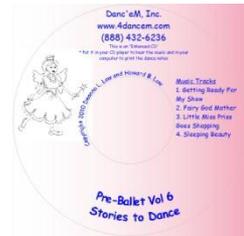
## Pre-Ballet Vol. 5. 9 Dances for Classroom and Stage \$ \$22.98

These 9 dances go with the warm-ups and contain the same technique learned at the barre and in the centre. You will get a track with vocal instruction and a track for performance.  
 1. Dancing Poodles 3:49  
 2. I'm Fairy Dust 2:20  
 3. I Love Dancing School 2:22  
 4. Little Dancing Clouds 2:20  
 5. Little Maids With Baskets 3:36 (prop)  
 6. My Dancing Bear 1:55 (prop)  
 7. So It's Your Birthday 2:08 (Prop)  
 8. The Night Before Christmas 2:49 (prop)  
 9. Alyssa Does Real Ballet Steps 4:10



## Pre-Ballet Vol. 6. Stories to Dance \$22.98

These stories to dance are a great thing to have on hand at the end of the lesson when the little dancers attention span is running short.  
 1. Getting Ready for the Show (3:06)  
 2. Fairy God Mother (6:13)  
 3. Little Miss Priss Goes Shopping (3:38)  
 4. Sleeping Beauty (4:38)  
 The REAL ballet of Sleeping Beauty with the correct names of the characters.



## Pre-Ballet Vol. 7 Four Warm ups \$22.98

These dances are progressively harder than the ones in the Pre Ballet Two vol. 5. This Vol. is helping the dancers to branch out and up by making harder steps for them to master.  
 1. Dancing Mary Will you Warm up (9:33)  
 2. Jack and Jill Warm up (12:32)  
 3. Princess Warm-up (10:27)  
 4. Technique Warm up (11:55)  
 These warm ups include exercises at the barre and au milieu to teach steps used in the dances in Vol. 8. Come with and without voc al instruction.

## Pre-Ballet Vol. 8 Dances for Classroom and Stage \$22.98

These 8 dances use technique taught in the warm ups and exercises in Vol. 7. All NEW music and lyrics. Steps get harder and combine 3 different steps to make a phrase.  
 1. Dancing Mary Will you Get Up (2:19)  
 2. London Bridge (3:00)  
 3. Jack and Jill (3:11)  
 4. Glissade (2:44)  
 5. Positions in Ballet (5:55)  
 6. Teddy Bear Teddy Bear)4:44)  
 7. Balancé (3:35)  
 8. Old Mother Hubbard (3:56)

## Pre-Ballet Vol. 9 Stories to Dance \$22.98

These 4 stories will excite your young dancers .While using the same technique that they are learning at the barre and in the centre. These stories to dance will explore some imaginative concepts.  
 1. Magic Princess Box  
 2. Red Shoes  
 3. Birds in My Yard  
 4. The Prefect Tutu.

**Pre-Ballet Volumes 7, 8 & 9 continue the technique, classroom activities and stories from Pre-Ballet, Volumes 4,5,& 6.**

## Ballet CDs for Classroom and Stage

### Ballet Vol. 1 Dances for Classroom and Stage \$22.98

Use this CD to augment the Syllabus' Ballet Barre and Centre Beginners I and II'. Uses the same technique taught in the Syllabuses only in cute songs with props. Encourages dancers to work on technique by using these songs and dances. For classroom work or stage. Dances with \* have vocal instruction on one band and one band without.

1. Calling My Grandmother (Prop)\* 2:15, 2. Holiday Time (Prop)\* 2:28, 3. Perfume (Prop)\* 2:04, 4. Teddy Bear (Prop)\* 2:02, 5. Ballet Is In French\* 2:02, 6. Dancing School\* 1:43, 7. Five Positions 2:24, 8. Email\* 2:22



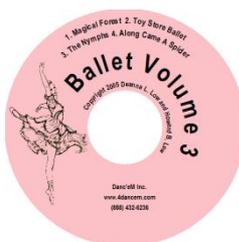
### Ballet Vol. 2 Stories To Dance \$22.98 Let your

beginning ballet students explore a magical world of make believe while they improve their technique. These four stories are very different and will keep them begging to do these dances over and over. Uses ballet technique taught in Ballet Barre and Centre Beginners One and Two. 1. Princesses 3:46, 2. Magic Carpet Ride 4:30, 3. Musical Dancing Sounds 3:28, 4. Story Book 3:41



**Ballet Vol. 3 Stories To Dance \$22.98** Let your beginning ballet students explore a magical world of make believe while they improve their technique. These four stories are very different and will keep them begging to do these dances over and over. Uses ballet technique taught in the Ballet Barre and Centre Beginners I and II Syllabuses.

1. Magical Forest 4:32, 2. Toy Store Ballet 3:20, 3. The Nymphs 3:20, 4. Along Came A Spider 3:06



**Ballet Vol. 4 Dances for Classroom and Stage \$22.98** This CD has 9 great dances to use for the classroom and stage. They use props and imagination for beginners through technique taught in Ballet Barre and Centre Beginners II. Dances with \* have vocal instruction on one band and one band without.

1. I Dreamed I Could Fly\* 2:37, 2. My Tiara\* 2:08, 3. Flowers in the Garden 2:40, (classroom dance) 4. Ballet Dream\* 2:50, 5. My Ballet Dance\* 2:04, 6.

- Mirror, Mirror in My Hand (w/prop)\* 2:50, 7. Grand Jete' 2:40, (classroom dance)\* 2:40, 8. Bridesmaids\* 2:32, 9. I'm a Ballerina 2:14



## Pre-Hip Hop and Hip Hop Volumes

**Pre-Hip Hop Vol. 1. Four Warm ups \$22.98** This CD contains 4 warm ups for beginning Pre- Hip Hop classes ages 3-5. 1. Poppin' Bird Warm up 3:26 2. Hip Hop Dawg Warm up 4:09 3. Big Foot Warm up 4:36 4. Hip Hop Dancing Bee Warm up 3:08

### **Pre-Hip Hop Vol. 2 Eight Dances for Ages 3-5.**

**\$22.98** 1. Poppin' Bird 3:31 2. I'm a Little Robot Bug 2:57 3. Hip Hop Dancing Dawg 2:55 4. I'm a Ity Kitty 2:10 5. Big Foot 2:32 6. I'm a Hip Hop Dancing Bee 2:07 7. Bouncing Bear 2:18 8. Lil' Red in the Hood 2:41

**Pre-Hip Hop Vol. 3 Four Stories To Dance \$22.98** 1. All Aboard 4:08 2. The Hip Hop Machine 5:22 3. I Wear my Hat to the Back 6:32 4. Hip Hop Freeze 3:14

### **Pre-Hip Hop Vol.4 Nine Instrumentals \$22.98** Nine

tracks for jam sessions. 43 minutes of jam music.

### **Hip Hop Vol. 1 Four Warm ups \$22.98** This CD

contains four warm ups for Beginning Hip Hop ages 5-7. 1. Warming up to the Beat (2:10) 2. Hip Hop Boppers (3:52) 3. Banging on the Drums (3:51) 4. Party Rockin' (3:10)

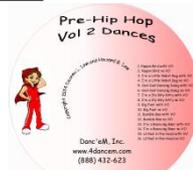
### **Hip Hop Vol.2 Eight Dances for Classroom & Stage \$22.98**

These 8 dances go with the 4 Warm ups in Hip Hop Vol. 1. This technique matches the warm up technique plus some other hip hop moves. All dances have a track with vocal instruction and a track for performance 1. Henry the Hop Hop Mouse (2:17). 2. I've Got the Moves (2:48) 3. Hip Hop Boppers (2:15) 4. Pirates (1:41) 5. Bringing Old School Back (2:33) 6. Super Hero (2:20) 7. I Wanna Play Sports (2:30) 8. Turning Dance (2:35) You can see these dances demonstrated on YouTube.com/4dancem for free.

### **Hip Hop Vol.3 Four Hip Hop Stories to Dance \$22.98** This CD

contains 4 hip hop stories to dance using the technique taught in the warm ups and the dances. Use these at the end of your class for a great send off with high energy. 1. Hip Hop Freeze (2:36) 2. Rocket Ship (3:02) 3. Bringing Old School Back (2:54) 4. Boppin' to School (2:08)

**Hip Hop Vol. 4 Five Instrumental Tracks \$22.98** Five instrumental tracks to use as a jam session or for any time you want just Hip Hop instrumental music. Total music time: 23:17 minutes of instrumental music.



## Complete Recital CDs

Each Recital CD is a full show with music, show ideas, back drops, props, recital art, other music ideas and teachers' notes.

**Dancing the Circus \$29.99** A full show! A CD with circus show ideas, back drops, props, recital art, other music ideas



and costumes to help you expand this into a recital. Dances with \* have vocal instruction on one band and one band without. 1. Welcome To The Circus\* 2:02, 2. Here Come The Clowns\* 2:28, 3. Elephants\* 1:05, 4. Little Lions\* 1:30, 5. Balloons\* 1:48, 6. Little Doggie\* 1:54, 7. Tigers\* 1:36, 8. Cotton Candy\* 1:28, 9. Closing To The Circus\* 0:50

### **"Through the Garden Gate" Tap and Ballet Performance Double Length**

**CD \$29.99** This CD contains 16 dances, 3 with vocal instruction and 13 without vocal instruction to use for performances. 3 selections have no singing, just lovely music that cues the dancers so the dance steps fit the music perfectly. Easier to learn! Dances with \* have a vocal instruction track. 1. Tapping Lady Bugs\*-Tap I 2:24, 2. Star Light Star Bright (Prop)



Pre Ballet 2:20, 3. Tapping Lightening Bugs\* - Tap I 2:07, 4. Butterflies- Ballet Beginning Level I, 2:35, 5. Carnations -Ballet Intermediate I, 2:08, 6. Daisies Pre Ballet 1:46, 7. Gardening Maids (Or Gardeners) Tap Intermediate, 2:30, 8. Honey Bees, Ballet Level I, 2:33, 9. Buttercups - Ballet Beginning Level II, 2:15, 10. Orchids - Ballet Advanced, 3:01, 11. Pansies - Tap Advanced Beginners, 2:36, 12. Roses - Ballet

Intermediate I, 2:21, 13. Sunflowers - Ballet Beginning Level I, 2:23, 14. Tulips - Ballet Level I Advanced, 2:39, 15. Dancing Bunny \* - Pre Ballet 1:49, 16. Little Clouds - Lyrical 3:01.

### **"Under the Sea" Tap and Ballet Performance Double Length CD**



**\$29.99** 2 CD set Contains 13 dances. Ideas for back drops, art work and other ideas. Use these dances in the classroom or stage. Dances with \* include a track with vocal instruction. 1. Open the Curtain\* - Creative Movement 3:16, 2. Grumpy Little Octopus\* - Tap I 2:24, 3. At the Beach- Creative Movement\* 1:55, 4. A School of Fish\* - Creative Movement 2:34, 5. Funny Little Crabs\*- Beginners Ballet 2:06, 6. My Name is Pearl\* - Tap I 3:12,

7. Mermaids\* - Tap I 2:48, 8. Jelly Fish Rock and Roll\*- Beg Tap I 2:27 9. Highland Pirates Fling\* - Tap III 2:50, 10. Irish Sailor Jig\* - Advanced Tap 2:35 (instrumental) , 11. Waves - Beginning pointe 3:00 (instrumental), 12. Sea Foam-Advanced Ballet 3:20 (instrumental), 13. Close the Curtain\* - Creative Movement 1:54

## **"Wondrous Working Toy Factory" Tap and Ballet Performance Double**

**Length CD \$29.99** Enhanced CD contains 14 dances, This is a great CD for a Toy Factory Recital or a Santa's Toy Shop or just to use in the classroom. Lots of prop dances. Great music. Dances with \* include a track with vocal instruction. 1. Start the Show 1:59, 2. Wondrous Working Toy Factory, 3. Workers 2:17, 4. Baby Doll \* 2:43, 5. Rag Doll \* 2:10, 6. Mermaid and Sailors \* 2:44, 7. Doll Doctor \* 2:26 8. Wind Up Toy \* 2:23, 9. Clean Up Crew (hip hop) 3:08 (instrumental), 10. Mexican Doll \* (tap) 2:36, 11. Oriental Doll \* 2:39, 12. Music Box Doll \* 3:04, 13. Princess Doll \* 3:07, 14. Can Can (advanced ballet) 2:30 (instrumental), 15. End the Show :54



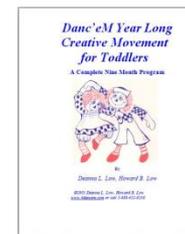
## **Nine Month Programs**

**All Nine Month Programs come with:**

- ✓ 9 CDs (one for each month)
- ✓ CD with all the dances for performances
- ✓ Teacher's Manual
- ✓ CD with 36 coloring pages to be printed
- ✓ Unlimited support from Deanna by phone or email

### **Nine Month Toddler Creative Movement Program. \$199.99**

This program includes all the music and a teacher's manual (312 pages long) packed with instruction for a 9 month dance program for toddlers or a 'mom and me' class that includes music. The class is a half hour of music, dance, poems, finger plays, and coloring pages. Four different hand-outs for each month. This program has a different theme for each month to make your toddler program more interesting. Ages 2-3. Contains 36 different dances. Themes: September-All About Me; October-My Neighborhood; November-Fall; December-Winter; January-Weather; February-Zoo; March-Toy Shop; April-Space; May-More About Me. A themed coloring book is also included.



### **Nine Month Creative Movement Program Ages 4-7 \$199.99** This



program contains 36 lesson plans for creative movement and tumbling classes plus music to go with everything. Approach letters to private schools, roll book pages and contracts. Contains 42 different dances. Includes the Circus Recital, 7 seasonal dances, 2 warm-ups, plus lots of classroom dances, activities and materials. A themed coloring book is also included.



## Nine Month Tap Programs

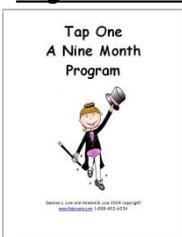
### Pre-Tap- A Nine Month Program for Age 3-4 \$115

This half hour pre-tap class comes with 5 different warm ups (animal themed-that go with the same 5 animal themed dances, 8 different classroom dances, 1 story to tap, teacher's manual, and a coloring book with 36 drawings that go with the dances. Each CD contains a complete lesson with vocal instruction. You also get one CD with all the dances on it for performances. A 36 page coloring book is also included that will help complement the lesson plans.



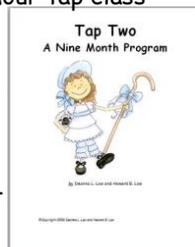
### Beginners Tap One - A Nine Month Program \$115

Each half hour tap class comes with a different CD for each month (9) containing 16-20 warm up tracks for that month, 4 dances for that month, and a 36 lesson teacher's manual. Also, one CD with all the dances, with and without vocal instruction for performance. Use this program to teach your beginning tap students ages 4-6. An easy way to teach the beginners technique and dances. A CD Coloring book included free with 36 pictures that go with the dances.



### Tap Two- A Nine Month Program \$115 Each half hour tap class

comes with a different CD for each month containing 10-14 warm up tracks for that month, 4 dances for that month, and a 36 lesson teacher's manual. Also, one CD with all the dances, with and without vocal instruction for performance. Use this program to teach your tap II students ages 5-8. An easy way to teach technique and dances. Comes with a CD containing 36 coloring pages (that go with the dances) to send home each week to reinforce the lessons and keep them coming back for more!



## Jazz CDs

**Jazz with Barbie Dances \$23.99** 9 Beginning jazz dances ages 5-8. These 9 dances are the same dances used in the Barbie 9 Month Program. 1. Barbie Model 2:36, 2. Barbie Cowgirl 2:37, 3. Barbie Diary 2:25, 4. Barbie Presents 2:26, 5. Happy Birthday Barbie 2:43, 6. Barbie and Tanner 2:40, 7. Barbie Guitar 2:46, 8. Barbie Jive 2:16, 9. Barbie Jazz 2:39. Each dance comes with a track with vocal instruction and a track for performance.



**Jazz with Barbie Warm Ups \$23.99** There are 24 different exercise tracks on this CD to use with the dances above. Each exercise comes with and without vocal instruction. These are at the barre, across the floor, isolations, and combinations used in the dances.

## Nine Month Pre-Hip Hop & Hip Hop Programs

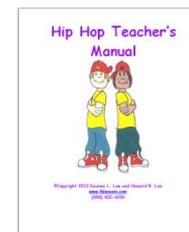
### Nine Month Pre-Hip Hop ages 3-5 \$115

This program contains 36 lesson plans with music for your Pre-Hip Hop dancers. There are 4 different warm ups, 8 dances, 4 Stories to Dance and 4 tracks of Hip Hop Instrumental music for jam sessions. Also has our new 36 page coloring book with a coloring page for every week in your 9 month dance year. This is a ½ hour class .



### Nine Month Beginning Hip Hop for ages 5-7 \$115

This Beginning Hip Hop 9 Month Program for ages 5-7 contains 36 lesson plans with music for warm ups, dances and stories to dance. Contains 8 different hip hop dances, 4 different warm ups and 4 hip hop stories to dance. Plus, a 40 page coloring book that goes with the dances and stories for a great take home reminder of the class. This is easy to teach with free YouTube videos for all of the dances and is a great addition to use in your studio or in private schools. This is great for both boys and girls. You can see these dances performed at [www.Youtube.com/4dancem](http://www.Youtube.com/4dancem). to see how it should look. This is a ½ hour class



## Nine Month Beginner Jazz Program

### Jazz with Barbie! A Nine Month Beginner Program \$115

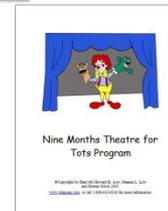


Each ½ hour jazz class comes with a different CD for each month (9) containing 48 warm up tracks, isolations, across the floor and a different Barbie Dance each month. Includes a 36 lesson teacher's manual, one CD with all the dances, with and without vocal instruction for performance. Use this program to teach your beginning jazz students ages 5-8. An easy BARBIE way to teach the beginners technique and dances. Dances include: 1. Barbie Model 2. Barbie Cowgirl 3. Barbie Diary 4. Barbie Presents 5. Happy Birthday Barbie 6. Barbie & Tanner 7. Barbie Guitar 8. Barbie Jive 9. Barbie Jazz Plus: 23 Warm ups

## Nine Month Theatre Program

### Nine Months Theatre For Tots Program \$115

This program, created for use in dance studios, is for ages 5-10 and contains lesson plans for 36 lessons to cover a one hour lesson each week for 9 months. The entire program contains lessons plans for improvisation, clowning, mirrors, paint a box, puppets and skits to perform. Contains teacher's manual with lesson plans for a 9 month program.



INFO: 888.432.6236  
**Games for Dancers**

**Prima Ballerina Board Game \$39.99**

An interactive game for dancers. This game comes with everything you need to have a wonderful time and learn lots about ballet while you play. The game starts at "Born to Dance" and travels throughout a dancers life. The winner becomes Prima Ballerina, wears the crown and dances to the original ballet music that is on the CD. Comes in a sturdy box with game board, 3 different sets of cards, instructions, CD, dice and ballerina pawns.



**Spinner Games \$9.99 each**

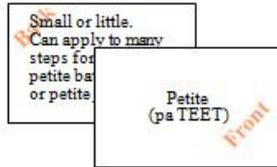


These were created to give you that 'special something' to do in class once in a while to really make the kids beg for more. Each game has different steps on it and when the student spins, the pointer lands on the step they have to perform. Pre-Ballet, Ballet, Pre-Tap and Tap One

**Props and Classroom Teaching Aids**

**Feathers** for *Tickle Me*. Soft and Safe \$3.00 each. Cut in 14 pieces.

**Ballet Flash Cards \$9.99 per deck.** These 80 cards are on white 2X3 inch card stock with a ballet term on one side and the explanation in English on the reverse. Use them in class to help your students remember the French terminology for the steps that they are working on. Comes in an organdy pouch.



**Books on CD**

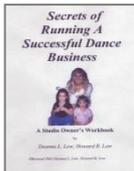
**Summer Dance Camp Idea Book \$79.99**

A Summer Dance Camp book that will give you lots and lots of ideas and 'how to do it' instruction. This book comes complete with a free Pin the Tutu on the Ballerina Game and free CD that has 19 dances to use with these ideas.



**Secrets of Running a Successful Dance Business \$49.95**

How to get students & keep them coming back. What to do every week to improve your business. Where to find costumes, fog machines, back drops for recitals, barres, mirrors. Contains contracts for employees, and week by week suggestions for success. Lots of summer camp ideas and monthly half-day program to enhance your bottom line. Includes a data CD with teacher contracts, and coupons that you can use with your own logo. Easy to use. Toll free support.



INFO: 888.432.6236



**The Ultimate Birthday Party Book \$29.99** Here is a wonderful book with 35 birthday party ideas for you. We know you can use these ideas to make your studio profitable during the times when you aren't teaching. The book contains a list of everything you need to know to have a different party every weekend for 9 months.

**Coloring Books on CD**

**Pre-Hip Hop Coloring Book \$9.99** 36 different coloring pages that go with our Pre- Hip Hop Warm ups, Dances and Stories to Dance for ages 3-5. Helps the little dancers remember what they learned in dance today.

**Hip Hop Coloring Book. \$9.99** Forty pages to color that go with the 8 dances, 4 warm ups and 4 stories to dance found in the Hip Hop Program. A great take home reminder of what they learned in the hip hop class.

**Registration Coloring Book \$9.99**

A new 12 page coloring book to hand out at registration that will improve new student's behavior at the very first lesson. You personalize it to fit your studio from how to wear their hair, leotard and shoes to where to put their dance bag when they get to the studio. A proven tool to help you easily manage the student's behavior more in the first month.



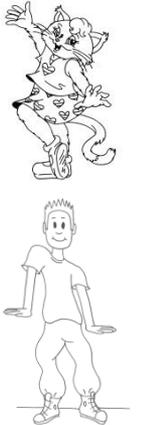
**Pre-Ballet Coloring Book \$9.99**

This data CD Coloring book contains 36 drawings to hand out throughout the year. Pictures of tights, leotard, tutu ballet shoes. Just print out a different page each week for an entire year.

**Pre-Ballet One Coloring Book \$9.99** This data CD coloring book contains 36 drawings that go with Pre-Ballet Vols 1, 2 and 3. Pictures of Powder Puff Dance, Little Miss Muffet Dance, and others remind your students about their classroom fun!

**Pre-Ballet Two Coloring Book \$9.99** A 36 page coloring book for your babies. Goes with the Pre-Ballet Vols 4, 5 and 6. Pictures of Dancing Poodles, Sleeping Beauty, Little Maids With Baskets, technique drawings.

**Pre-Ballet Three Coloring Book \$9.99** 36 pages to color of technique positions plus pages that go with our Pre-Three dances, stories and technique.



**Classical Ballet Technique Coloring Book \$9.99** 36 pages to color. This CD has all the different body, feet positions, arms, attitudes, and arabesques in the Cecchetti Method, French Method and the Russian Method. This is great coloring book for all ages.

**Seasonal Ballet Coloring Book \$9.99** This data CD has 36 seasonal pages to color throughout the ballet year. Great handouts for different seasons.

**Pre-Tap Coloring Book \$9.99** This pre-Tap Data CD has 52 coloring pages that go with the Pre-Tap dances in Tap Vol. 5 and Vol. 6. A great way for those 3 year olds to remember their dance classes.

**Tap 1 Coloring Book \$9.99** The Tap 1 coloring book gives you 36 different tap related coloring pages that go exactly with Tap Volume I



**Tap 2 Coloring Book \$9.99** The Tap 2 coloring book gives you 36 tap related coloring pages that go exactly with the Tap Volume II. A wonderful take home reminder of what they did in class.



**Tap 4 Coloring Book \$9.99** The Tap 4 coloring book gives you 16 tap related coloring pages that go with the Tap Volume 4. A wonderful take home reminder of what they did in class.

**Toddler Coloring Book \$9.99**

This Data CD comes with 36 coloring pages for hand outs for your Toddler classes. These coloring pages go with the dances on our Toddlers Vol. 1-5 and can be printed off each week for a hand out that goes with the theme.



**Activity Book \$9.99** This Data CD is 15 Pages that correlates to the Year Long Creative Movement Program ages 4-7 and to Volumes 1-6 in the Creative Movement CDs. That's more than one handout a month for the school year. These activity pages include coloring, mazes, follow the dots, find the missing items, and more.



**Barbie Coloring Book \$9.99** This 36 page coloring book goes perfectly with the Barbie Dances. There's a different hand out each week plus bonus crossword puzzles about Barbie.



**Music by Special Friends of Danc'eM**

**Christmas Strings CD \$16.00** Stephen Brannen. Joy to the World; O Come All Ye Faithful; Away In A Manger; Midnight Clear; O Come Emmanuel! O Holy Night; What Child Is This? (medley)

**Songs Of the South CD \$22.98** Stephen Brannen. Turkey In the Straw; Old Kentucky Home; Dixie; Red River Valley; When the Saints Go Marching In/Just Over in the Gloryland; Shenandoah; Swanee River; Golden Slipper Medley; Tennessee Waltz; Oh, Susannah/She'll Be Comin' Round the Mountain; Carry Me Back To Old Virginny; Old Joe Clark/Old Dan Tucker/Cripple Creek

**Astral Turf's Energy \$22.98** A wonderful High Energy CD to use for jazz warm ups or across the floor. Turn Inside; Astral Turf; The Way; Voices w/o vocals; Frank's Here; Sick Day; Speed Racer; Columbia; Blowing Up; Horse Play; When in Doubt; Throw it Out.

**Astral Turf's Space Age \$22.98** A second CD by Astral Turf to use in class or for performances. More of the same great high energy music. Police Car; Rock Me; Superstar; Ace; Air Guitar; Space Walk; Cosmic ReMix; Moon Walk.

**Dance Phrases \$39.95** A 2 CD Set with 2 Count books by June Olson. Varied instrumentation including solo piano and other synthesized material. Contains a variety of songs for all aspects of a modern class; a warm-up, floor work, standing work, across the floor and a cool down.

**Dance Phrases II - Variations \$39.95** A 2 CD set with 2 Count Books. Varied instrumentation, more mixed meters, add on phrases, and extended phrases the Vol I. Each CD contains enough material for developing material over several class sessions.

**Smile At Your Neighbor \$22.98** By Eric Litwin. This CD contains 12 children's songs that can be used in the dance classroom. Strong Mama; The Hokey Pokey; Miss Mary Mack; Did You Feed My Cow?; Weatherwise; One, Two, Three, Wheel; Skip to My Lou; I like; Moving in a Circle; The Fun Thing , Around and Around (Lullaby); Smile at Your Neighbor.

**James Harris' Seven Year's Album \$22.98** Rock - Getting Over You; Standing In The Rain; Most Of My Day; Starting Today; Light Up The Night; Never Give Up; Little One; It Comes From the Inside; Take It And Go; It Won't Change.

**Robert Long Ballet Etudes & Ballet Etudes I & II \$24.95 Each.** 48 original piano selections on each CD for barre and centre practice. Barre selections played twice so both sides can be danced on the same track, More than 73 minutes of music

Here is a list of our different subjects and the progressions you can use to help you teach a continuing educational program using our materials.

### Creative Movement

**Nine\_Month Toddler Program**, ages 2-3 (1/2 hour program) Toddler volumes 1-6 (all the music in these vols. is included in the Toddler 9 Month Program.)

You can buy this separately or use our ready made program.

**Nine\_month Creative Movement**, ages 4-6. (40-45 minute program) Creative Movement vols. 1-6 (all the music in these vols. is included in the 9 Month Creative Movement Program.) You can buy these separately or use our ready made program.

### Ballet

**Nine\_Month Pre-Ballet One**, ages 2-4 (1/2 hour program)

**Nine\_Month Pre-Ballet Two** ages 4-5 (1/2 hour program)

**Nine\_Month Pre-Ballet Three** ages 5-6 (1/2 hour program)

**Ballet Barre and Centre Beginners One**, ages 5-7. This is a 9 month program (or longer depending on how fast the students progress). It comes with a CD that includes all the barre and centre exercise music.

**Ballet Volume 1** Eight Dances for Classroom & Stage. This CD can be used to augment Ballet Barre and Centre Beginners One and Two. It has 8 dances that use props and include technique used in Ballet Barre and Centre One and Two.

**Ballet Volume 2** Four Stories To Dance

This CD has 4 stories to dance with technique and creative movement for ages 4-8. Let your students explore the magical world of make believe while they improve their technique.

**Ballet Barre and Centre Beginners Two** ages 5-8. This is a continuing of the **Ballet Barre and Centre Beginners One**. It comes with a CD (all different music from the previous one) with music for all the barre and centre combinations for this program. You can also use this as a beginner program for ages 7-8. This program might take up to 2 years to complete.

**Ballet Volume 4**. This CD has 9 great dances to use for classroom and stage. This is for Ballet barre and center Beginners One and Two

**Ballet Barre and Centre Intermediate One**, ages 8-12. This is a continuing of the Ballet Barre and Centre Beginners Two. It comes with a CD (all different music from the previous ones) with music for all the barre and centre combinations for this program. This program might take up to 2-3 years to complete.

**Ballet Barre and Centre Intermediate Two** with Beginners Pointe, ages (12-14). This is a continuing of the Ballet Barre and Centre Beginners Two.

It comes with a CD (all different music from the previous ones) with music for all the barre and centre combinations for this program. This program might take up to 2-3 years to complete.

**Ballet Barre and Centre Advanced**. This is a continuing of the Ballet Barre and Centre Beginners Two with Beginning Pointe. It comes with a CD (all different music from the previous ones) with music for all the barre and centre combinations for this program.

BUY ONLINE! [www.4dancem.com](http://www.4dancem.com)

### Tap

**Nine\_Month Pre-Tap Program**, ages 3-4. Pre-Tap volumes 1 & 2 are included in the 9 Month Pre-Tap Program. You can buy these volumes separately or use our ready made program.

**Nine\_Month Tap One Program**, ages 4-6. Tap One volumes 1 & 2 are included in the 9 month Tap One Program. This is a continuing program from our Pre-Tap Program. You can buy these volumes separately or use our ready made 9 month program.

**Nine\_Month Tap Two**, ages 5-7. Tap Two volumes 1 & 2 are included in the 9 month Tap Two Program. This is a continuing program from our Tap One Program. You can buy these volumes separately or use our ready made 9 month program.

**Tap Volume 3 Dances** is a CD with 8 dances on it. You can use these for Pre-Tap all the way through and beyond Tap Two.

**Tap Volume 4 Stories to Dance**. This CD has 4 great stories to tap. one for Pre-Tap, one for beginners ages 4-5 , and two for any age that already knows shuffle.

### Jazz

**Barbie Jazz**. 9 Month Program, ages 6-9. This 9 month program has 9 dances for beginning jazz with 32 warm ups and across the floor technique.

### Pre-Hip Hop and Hip Hop

**Nine\_Month Pre-Hip Hop** for ages 3-5. You can start with 3-5 years olds with this program or it can follow any of the other programs for this age as a new subject. Everything you need to know it taught in this program with lots of teacher notes, syllabus and explanations.

**Nine\_Month Hip Hop** for beginners ages 5-7. Warm ups, dances, stories and notes also found on Hip Hop Volumes 1-3. This program can follow any of the other programs for this age or can just stand alone as a NEW subject taught in your school. Everything they need to know is taught in this program.

### Our Danc'eM Hip Hop Collaborator



Niki Wray Watrin and Deanna met at Danc'eM's workshop in Atlantic City several years ago. They dreamed about working with each other and these Hip Hop programs are what they created. You can see Niki on [YouTube.com/4dancem](https://www.youtube.com/4dancem) demonstrating the dances and warm ups making this an easy to learn and teach program even if you never taught hip hop before. Niki's true love is to teach preschool age children. She runs DanceKidzz, a dance company teaching dance and gymnastics to children in private schools and day care centers in the Los Angeles area. She appeared in the 2002 Academy Award winning movie musical Chicago as Veronica Kelly, sister of Velma Kelly.

BUY ONLINE! [www.4dancem.com](http://www.4dancem.com)

# Danc'eM Teachers' Workshops

Join Deanna for her Danc'eM™ Teachers' Workshop!! Focus on learning Danc'eM™ dances and programs, PLUS sessions on solving your studio problems: unmanageable students, irate parents, making parents pay on time, costumes, shows, how to get students and keep them coming back and summer camp. Also, plenty of open forum time to ask anything else that you want to know! We will have all our stock with CD players to listen to your hearts' content, all our books, and coloring books to look at, and all your questions answered. PLUS \$100 worth of FREE take home merchandise. For studio



*Come join us for a Danc'eM  
Teachers' Workshop!*

owners, teachers, and assistants. All Danc'eM materials are taught. Other topics are covered as requested. Limited to 30 people. No one within 30 miles of your studio will be there. Attend our workshop without meeting your competition there.